

LEAP Children’s Center

Guidelines for Excluding Children & Adults with Illness

Revised JANUARY 2024

Symptom/Diagnosis	When Child/Adult will be excluded? (sent home or asked to stay home)	When Child/Adult May Return?
<p>Table 1: <u>Symptoms</u> Has COVID-19 Symptoms:</p> <ul style="list-style-type: none"> • Fever (100.4 or above) or chills • Cough • Shortness of breath or difficulty breathing • Fatigue • Muscle or body aches • Headache • New loss of taste or smell • Sore throat • Congestion or runny nose • Nausea or vomiting • Diarrhea 	Immediately	<ul style="list-style-type: none"> • If tests negative; symptoms have improved; AND At least 24 hours have passed since resolution of fever without the use of fever- reducing medications. OR • A healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma), OR • A healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus). • If unable to test, or choosing not to test, can return after Day 5, AND symptoms are resolved AND fever-free for 24 hours without the use of fever-reducing medications.
<p>Table 2: <u>Close Contact</u> (No Quarantine)</p> <p>Asymptomatic Persons Who are Exposed to Someone with a confirmed case of COVID-19</p>	<p>If asymptomatic – No quarantine/exclusion</p> <p><i>If symptomatic – see criteria for symptoms above</i></p>	<ul style="list-style-type: none"> • Recommended to test within 3-5 days after exposure. • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (Exceptions are children under 2 or children who are not able to wear a mask). • If symptoms develop, test and stay home (see section above for symptoms), If test result is positive, follow isolation recommendations below. (Table 3)
<p>Table 3: Persons Who Should Isolate <u>Confirmed COVID-19 case</u> (Isolate)</p>	Immediately	<ul style="list-style-type: none"> • CHILDREN should stay home for at least 5 days after start of symptoms (or after date of first positive test if no symptoms). • Can return to school after Day 5, If can wear a mask until Day 10, except during naps and mealtimes. AND feeling better AND fever-free for 24 hours without the use of fever reducing medications. OR if tests negative. (Children under 2 should not wear a mask.) • If unable to test, or choosing not to test, or unable to wear a mask, Isolation can end after Day 10 if symptoms are not present or are resolving AND fever-free for 24 hours without the use of fever reducing medications. <div style="background-color: #e0e0e0; padding: 5px;"> <ul style="list-style-type: none"> • ADULTS should stay home if they have COVID-19 symptoms, until fever-free for 24 hours without using fever reducing medication AND other COVID-19 symptoms are mild and improving. • Mask when around other people indoors for 10 days after start of symptoms (or after date of first positive test if no symptoms). </div>

Symptom/Diagnosis	When Child/Adult will be excluded? (sent home or asked to stay home)	When Child/Adult May Return?
Chicken Pox	When lesions are noticed or present	When ALL lesions are dried and crusted Typically takes 6+ days
<u>Cold Symptoms</u> • Runny or Stuffy Nose • Sneezing • Itchy or Watery eyes	<i>See COVID-19 Symptoms</i>	When exclusion criteria are resolved or with a doctor's note stating the child/staff is no longer contagious <i>See COVID-19 Symptoms</i>
Diarrhea	<i>See COVID-19 Symptoms</i>	<i>See COVID-19 Symptoms</i>
Diaper Rash	If sores are oozing and leak body fluid outside the diaper	When exclusion criteria are resolved
Fever	<i>See COVID-19 Symptoms</i>	<i>See COVID-19 Symptoms</i>
Hand, Foot & Mouth Syndrome	When lesions are noticed or present	When exclusion criteria are resolved Typically takes 6+ days
Head Lice	When nits (eggs) nymphs (teenagers) or Adults are noticed or present	When exclusion criteria are resolved (meaning none are visible, present)
Irritability	If irritability cannot be redirected and/or prevents child from being able to participate	When child is able to be redirected
Itching	If itching is suspected to be caused by any of the following: Scabies, Impetigo, Ringworm or anything listed above	When exclusion criteria are resolved OR with a doctor's note stating the child is not contagious
Lethargy	If lethargy prevents participation	When exclusion criteria are resolved
Mouth Sores	When sores cause drooling	When exclusion criteria are resolved OR with a doctor's note stating the child is not contagious
Pink Eye (Conjunctivitis) or Sty	<ul style="list-style-type: none"> • When discharge is noticed • Pinkish/red swollen or irritated eyes 	When exclusion criteria are resolved OR after 48 hours of antibiotic medicine OR at least 5 days of home isolation has passed and no visible sign of infection
Rash	When unidentified rash is noticed and is accompanied by: <ul style="list-style-type: none"> • Behavior change • Fever • Has oozing/open wound • Child is unable to participate 	When exclusion criteria are resolved or with a doctor's note stating the child is not contagious
Strep Throat	If child has a positive strep culture	After at least 48 hours of antibiotic medicine
Vomiting	<i>See COVID-19 Symptoms</i>	<i>See COVID-19 Symptoms</i>

The LEAP Director (or administration) reserves the right to exclude/include children/adults as they see fit or deemed necessary. Note that it's recommended that you keep your child home if you deem necessary or appropriate.

GUIDELINES listed above are based on recommendations by the California Department of Public Health (CDPH), with consultation from California Department of Social Services (CDSS) and California Department of Education (CDE). Additionally, we must incorporate recommendations from Cal-OSHA as it relates to employee safety and welfare. Furthermore, given our Children's Center status as a licensed childcare facility, we must also take into consideration recommendations from the Community Care Licensing Division of CDSS.